カラテカルパチアカップ2017 CARPATHIA KARATE CUP

1. Organizer:

Rzeszowski Klub Sportów Walki SYSTEM (Rzeszow's Martial Arts Club SYSTEM) 35-111 Rzeszow, ul. Krakowska 20 sensei Janusz Wisniewski - mob. no.: +48 512 359 169 email: jwisniewski@karate.rzeszow.pl, www.carpathia.org.pl

2. Date and venue:

Rzeszow, 11th February 2017. PODPROMIE Sports Hall ul. Podpromie 10 http://www.hala.rzeszow.pl/

3.KUMITE 'Light-contact' category, girls and boys (at least 2 years of training).

All contestants compete in chest and head guards provided by the Organizer.

Additionally, all contestants should be equipped with their own well-fitted soft white cotton hand, shin and foot guards. Boys also need a groin guard.

The only techniques allowed to jodan body area will be Mawashi-geri, Uhi-Mawashi geri and Kake-geri. All jodan kicks should be very weak – barely touching the helmet with the leg. Leg techniques to the gedan body area are not allowed.

Kumite light-contact -'small children' - year: 2009-2010

Boys: -25 kg, -30 kg, +30 kg, Girls: -25 kg, -30 kg, +30 kg.

Kumite light-contact - 'younger children' - year: 2007-2008

Boys: -25 kg, -30 kg, -35 kg, +35, Girls: -25 kg, -35 kg, +35 kg.

Kumite light-contact - 'older children' - year: 2005-2006

Boys: -35 kg, -40 kg, -45 kg, +45 kg, Girls: -35 kg, -40 kg, +40 kg.

Kumite light-contact t - "colts" - year: 2003-2004

Boys: -45 kg, -55 kg, -60 kg, +60 kg. Girls: -45 kg, -55 kg, +55 kg.

It is the contestant's duty to be ready to fight within the set time of 1 min. with the complete set of required protective guards. The time fixed for elimination rounds is 1.5 min. with the possibility of extra time of 1 min. After the second score draw the outcome is decided by the difference in weights of at least 3 kg.

4. KUMITE 'Semi-contact' – 'cadet' and 'junior' category, girls and boys (at least 2 years of training).

All contestants compete in head guards provided by the Organizer. Additionally, contestants in 'cadet' category also compete in chest guards provided by the Organizer.

All contestants should be equipped with their own well-fitted soft white cotton hand, shin and foot guards. Boys also need a groin guard and girls chest guard.

The only techniques allowed to jodan body area will be Mawashi-geri, Uhi-Mawashi and Kake-geri with controlled strength. All jodan kicks should be very weak – barely touching the helmet with the leg. All stronger kicks or wazari ones are not allowed and will be punished. Leg techniques to the gedan body area are allowed.

Kumite semi-contact -'cadets' - year: 2001-2002

Boys: -55 kg, -65 kg, -75 kg, +75 kg Girls: -50 kg, -55 kg, +60 kg.

Kumite semi-contact - 'junior' - year: 2000-1999

Boys: -60 kg, -70 kg, -80 kg, +80, Girls: -50 kg, -55 kg, +60 kg.

It is the contestant's duty to be ready to fight within the set time of 1 min. with the complete set of required protective guards. The time fixed for elimination rounds is 1.5 min. with the possibility of extra time of 1 min. After the second score draw the outcome is decided by the difference in weights of at least 3 kg.

5. KUMITE 'Senior' category, men and women (at least 18 years of age at the time of the tournament and at least two years of training, min. 6 kyu).

All male contestants need to be equipped with a groin guard, while women with a chest guard. All contestants need to possess well-fitted soft white cotton shin and foot guards.

Men: -65 kg, -75 kg, -85 kg, +85 kg, Women: -55 kg, -60 kg, +60 kg, +65 kg.

It is the contestant's duty to be ready to fight within the set time of 1 min. with the complete set of required protective guards. The time fixed for elimination rounds is 2 min., semi-final and final 3 min. with the possibility of extra time of 2 min. After the second score draw the outcome is decided by the difference in weights of at least 5 kg.

6. KUMITE 'Masters' category (at least 35 years of age at the time of the tournament and at least two years of training, min. 6 kyu).

All contestants compete in head guards provided by the Organizer.

All contestants need to be equipped with a groin guard and well-fitted soft white cotton shin and foot guards.

Men: -85 kg, +85 kg,

The only techniques allowed to jodan body area will be Mawashi-geri, Uhi-Mawashi and Kake-geri with controlled strength.

It is the contestant's duty to be ready to fight within the set time of 1 minute with the complete set of required protective guards. The time fixed for elimination rounds is 2 min., semi-final and final 3 min. with the possibility of extra time of 2 min. After the second score draw the outcome is decided by the difference in weights of at least 5 kg.

7. The overall rules of participation.

The Tournament is only for representations of maximum two contestants from an individual weight division from one club, no matter the Karate organization

PLEASE NOTICE! In case of too few contestants in a given weight category, a merging might take place of two weight categories. After analysis of entry forms there might be a need of setting another weight division.

Due to above, please provide in each entry form both the belt and the accurate weight of the contestant, as well as contestant's up-to-date sport achievements.

Entries are to be made up to the 3rd of February 2017 (Friday) 12:00 am AT THE LATEST.

The drawing shall take place on Wednesday,8th of February 2017 on the basis of all valid entries and verification. After the drawing there will be no possibility to change the contestant's category. The drawing's results will be published on www.carpathia.org.pl

All participants are to pay a 60 zlotych entry payable via money transfer to an account: **61 8642 1126 2012 1130 6706 0001** with the deadline 6th of February 2017. In case of lack of payment the given contestant shall not be validated! <u>In case of the participant's absence, the fee will not be returned.</u>

All teams starting in the competition have to nominate at least one referee.

<u>During validation process all the contestants who fail to present valid medical certificate will not take</u> part in the tournament, as well as those who don't fit their declare weight category. In case of not showing up for the fight, the other contestant wins automatically.

Both contestants, as well as referees will be provided with dinner and snacks. For the 1^{st} , 2^{nd} and 3^{rd} place there will be cups and certificates. There will also be item prizes. No fights for the 3^{rd} place. There is a possibility to purchase additional dinners for 20z{ (5 euros).

Only those who meet the following requirements will be allowed to take part in the hereby Tournament:

- the contestant needs to possess a valid medical certificate,
- the contestant needs to possess a clean white karate-gi,
- the contestant needs to possess white cotton shin and foot guards (light, semi-contact, women and Masters),
- white cotton hand guards for light category and semi-contact, excluding junior category
- groin guards for both men and boys (all categories), as well as chest guards for girls (junior) and women,
- if underaged, the contestant needs to have a written permission of a parent or guardian (the attached form). The lack of such a permission equals disqualification
- a current school id or other document stating the age of the contestant (the exact date of birth), along with a picture
- 'seniors' have to be at least 18 years old at the day of the Tournament and 'oldboys' 35
- a contestant needs to possess a valid personal accident insurance.

The Tournament's Referee will be Shihan Remigiusz Karpinski (5th Dan).

The team's head is officially obliged to referee and is required to possess a complete referee suit according to his/her Karate Organization. The referee teams shall be assigned on the day of the Tournament.

The Tournament will take place on 8 mats.

In case of issues unresolved by the general rules the decision belongs to the Organizer and the Main Referee.

The team scoring shall be conducted on the basis of the team's individual score: 1st place 5 pts., 2nd place 3 pts., 3rd place 1 pt.

8. The Tournament's schedule:

10th February 2017 - 'PODPROMIE' SPORTS HALL, ul. Podpromie 10. CONTESTANT VERIFICATION 16⁰⁰-22⁰⁰

11th February 2017 - 'PODPROMIE' SPORTS HALL, ul. Podpromie 10.

CONTESTANT VERIFICATION	-	08^{00} - 10^{00}
REFEREES' MEETING		10^{00} - 10^{30}
OFFICIAL OPENING CEREMONY		10^{30} - 11^{00}
KUMITE QUALIFICATIONS		11^{30} - 15^{30}
DINNER		15^{30} - 16^{00}
KUMITE SEMI-FINALS AND FINALS		16^{00} - 18^{00}
KUMITE AWARDS CEREMONY		18^{00} - 19^{00}