

Invitation

Kyokushin Open 2016

Bergen

Norwegian Martial Arts Federation and
Bergen Karate Klubb
has the pleasure of welcoming all friends of Karate to
Kyokushin Open 2016



Organizer:
Norwegian Martial Arts Federation
Contact person: Bjørn Solberg, mobile: 997 01 059
e-mail: bjorn@kampsport.no

Technical organizer:
Bergen Karate Klubb
Contact person: Nils Dybsland, mobile: 951 18 483
e-mail: nod@entra.no

KAMP SPORT

Member of Norwegian olympic and paralympic committee and Confederation of sports (NOC), World Taekwondo Federation (WTF), World Karate Federation (WKF), International Wushu Federation (IWuF), Ju-Jitsu International Federation (JJIF) and International Kendo Federation (IKF)



WWW.KAMPSPORT.NO



Venue	Laksevågshallen
	Lyder Hornsvei 42, 5163 LAKSEVÅG
Date	Friday April 8th 2016
	Scandic Bergen City Hotel 19.00 – 21.00 – Weighing and registration 20.00 – 22.00 – Referee meeting
Date	Saturday April 9th 2016
Program	08:00 Sportshall opens, Laksevågshallen 09:00 Free transportation by bus from Scandic Bergen City Hotel. 09:30 Medical check-up. (Full Contact only). 10:30 Information meeting for team leaders, coaches. 11:00 Tournament starts. 16:30 Tournament ends. 16:45 Free transportation by bus back to Scandic Bergen City Hotel. 20:00 Sayonaraparty

Classes	
Fullcontact + 18 years.	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight (-90), heavy weight (+90)
Fullcontact with limitation. + 18 years.	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Lettvekt (-70), middle weight (-80), light heavy weight(-90), tungvekt (+90)
Fullcontact with limitation. Age 15-17 years.	Girls: Light weight (-60), middle weight (-70), heavy weight (+70) Boys: Light weight (-65), middle weight (-75), heavy weight (+75)
Fullcontact with limitation. Age 13-14 years.	Girls: Light weight (-50), heavy weight (+50) Boys: Light weight (-55), heavy weight (+55)

Rules	
Kumite	Fullcontact: Rules approved by The Norwegian Martial Arts Federations.

Enrolment	
Enrolment	Send the enrolment form no later than March 26 th 2016. E-mail: kyokushin.open.norway@gmail.com
Starting fee	Starting fee, NOK 400,- paid in cash due to registration.
Draw	Organizer will provide draw lists in the morning Saturday April 9 th in the Sportshall.

KAMP SPORT

Member of Norwegian olympic and paralympic committee and Confederation of sports (NOC), World Taekwondo Federation (WTF), World Karate Federation (WKF), International Wushu Federation (IWuF), Ju-Jitsu International Federation (JJIF) and International Kendo Federation (IKF)



WWW.KAMPSPORT.NO



Hotel	
Hotel	<p>Official Tournament Hotel : Scandic Bergen City</p> <ul style="list-style-type: none"> • Single room, breakfast included NOK 740,- • Twin room, breakfast included NOK. 840,- • Trippel room, breakfast included NOK 1110,- <p>Order code: KAR080416</p> <p>For bookings, please contact: Scandic Bergen City Tlf: 55 30 90 80 Mail: bergencity@scandichotels.com</p> <p>Guaranteed rooms at this price, reservations must be made within Friday, March 25th</p> <p>Payment at check out.</p>
Transportation	The organizer will provide bus transportation from Scandic Bergen City Hotel to the Sportshall and back to the Hotel after end of tournament.
Sayonaraparty	Venue for Sayonaraparty: Scandic Bergen City, Saturday April 9th at 20:00 Deadline for enrolment March 26th 2016.

Welcome to Bergen!



**KAMP
SPORT**

Member of Norwegian olympic and paralympic committee and Confederation of sports (NOC), World Taekwondo Federation (WTF), World Karate Federation (WKF), International Wushu Federation (IWuF), Ju-Jitsu International Federation (JJIF) and International Kendo Federation (IKF)



WWW.KAMPSPORT.NO

