



WELCOME

Dear Presidents, Country Representatives, WKO Branch Chiefs, National Coaches
Dear Shihan, Sensei, Senpai, Dojo Leader and Karateka

On behalf of

The Romanian Kyokushin Karate Federation

and

Sports Club ROKAN SIBIU

we are very honored and proud to invite you to the

ROMANIAN INTERNATIONAL CUP

Sibiu, 29th of September 2018

Place: TRANSILVANIA Sports Hall - Sibiu

Address: Octavian Goga Street, no. 1, Sibiu, 550370

This tournament is open for all fullcontact karate organizations and works under the guiding of the “World Fullcontact Karate Organization”.

We are sure that the feeling of belonging to one big family of all karateka, combined with the “Never Give Up” spirit, will deliver a successful event, giving fullcontact karate the deserved attention.

We are very honored to welcome Europe’s finest competitors and the world together with you.

Friendships will be strengthened and will unify our Fullcontact Karate community.
Together we will stand strong!

Osu!

A.C.S. ROKAN – SIBIU

Iban EURO: RO18 BTRL EURC RT02 1476 0701

Swift code: BTRLRO22 BANK TRANSILVANIA SIBIU

Sensei DAN TIUCA

info@fullcontactkarate.ro

Mobile phone: 0040 788 330 096

www.fullcontactkarate.ro

**The purpose of the competition:**

- To deepen sport friendship between participating countries, organizations and clubs
- To provide a competitive opportunity for Romanian Kyokushin Karate organizations and all Fullcontact Karate organizations.
- The Preparation and Selection for EKO U16 and U-21 European Championship
- To promote Fullcontact Karate

The contests and categories:

Kyokushin Kumite and Kata
U12, U14, U16, U18, U21 & Masters(+35)

Number of participants:

Every country/organization/dojo can enter 2 competitors in each category.

Rules:

According to WKO - Shinkyokushinkai (all techniques without limitations)

Registration:

Registrations officially open on April 2nd.

More details and registration forms will be available at www.fullcontactkarate.ro

Deadline for national teams, officials, referees and others is September 1st, 2018.

After this date no applications or cancellations will be accepted. Registrations can only be accepted when all required documents and payments have been received and processed on time. More details will be provided after registration.

The participation fee :

15 EURO – U12 and U14

25 EURO – U16, U18, U21 and Masters (including Sayonara Party)

15 EURO – Sayonara Party, cost for each person (free for contestants and referees)

Accommodation, flight tickets, transportation, meals and other costs are the sole responsibility for the attendees (participants, referees and officials) unless otherwise noted. Please arrange accordingly with the Country Organization or dojo where necessary.

Entrance fee: acces in sport hall at the tournament it is free .

Accommodation: SIBIU CITY

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Sibiu has its own international airport which is 5 km from Transylvania Hall. It has good links with Germany, Austria, Italy, Switzerland, Belgium, Spain, Denmark and London Luton. <http://www.sibiuairport.ro/> Our city is located in the center of the country. Other international airport nearby is in Cluj Napoca City (170 km from Sibiu). This covers flights to most European countries. Also two major airports in Romania (Bucharest and Timisoara) are located 300 km from Sibiu, where flights from all over the world arrive.

Sibiu (**Hermannstadt** in German) was the largest and wealthiest of the seven walled citadels* built in the 12th century by German settlers known as Transylvanian Saxons. The riches amassed by its guilds paid for the construction of both impressive buildings and the fortifications required to protect them.

Sibiu is a pedestrian-friendly city with two easily accessible levels: the **Upper town**, home to most of Sibiu's historic sights, and the **Lower town**, lined with colorful houses on cobblestone streets and bounded by imposing city walls and defense towers overlooking the river Cibin .

Today, Sibiu is one of Romania's cultural and tourism capitals, attracting tourists due to its wonderful medieval charm, excellent views of the surrounding landscapes, great food, and stunning parkland. Sibiu today is also doing excellently economically, having an income per capita higher than the Romanian average.

Much of the city has been reconstructed due to it being the European Capital of Culture in 2007 and has benefited greatly from the funds made available. The people in Sibiu are friendly and much of the city center is pedestrian area. Many locals use their bikes in and outside the city.

As Sibiu is a very visited city, we recommend early hotel bookings if you participate in the competition.

HOTELS :

HOTEL GOLDEN TULIP ** aprox 300 meters from the sport hall /100 euro/ twin room/night**

HOTEL PARC * aprox 100 meters from the sport hall/60 euro/ twin room/night**

HOTEL RIN * aprox 900 meters from the sport hall/50 euro/ twin room/night**

Payment by bank transfer:

BANK TRANSILVANIA SIBIU

Beneficiary: A.C.S. ROKAN SIBIU

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Your contact for the tournament:

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The timetable of the tournament:

- 28.09.2018 TRANSILVANIA Sport Hall - SIBIU
 - 18.00 - 21.00 Medical examination, weight check and registration of contestants and referees
 - For those who cannot come to the weighing on Friday there will be a weighing control on Saturday morning in the sports hall, **BUT! Your weights have to be correct, because we make the draw on Friday evening.** So, if your fighter is too heavy we will cancel him/her from the tournament. No excuses will be allowed.

- 29.09.2018 TRANSILVANIA Sport Hall - SIBIU
 - 07.00 - 09.00 Medical examination, weight check and contestant's registration
 - 09.00 - 09.30 Referees meeting
 - 09.30 - 10.00 Opening ceremony
 - 10.00 - 13.30 Kata / Kumite
 - 13.30 - 14.00 Karate Skills Demonstration and lunch break
 - 14.00 - 19.00 Kumite
 - 19.00 - 20.00 Awards ceremony
 - 21.00 SAYONARA PARTY

Ages and conditions for KATA:

Ages: U 16, U 21 & Master +35

Male & Female

Minimum 2 years of Kyokushin practice – proof needs to be provided

The formation of categories depends on the number of participants

U21 and Masters +35 in to 1st, 2nd, ... round -> free kata (except Tensho & Sanchin kata)

Last 8 contestants -> Mandatory (dictated) kata: Gekisai Dai, Gekisai Sho, Yantsu, Tsuki no kata and Saiha

Last 4 contestants -> semi-final & final: free kata (Seipai, Kanku, Seienchin, Sushiho and Garyu)

U 16 to 1st, 2nd, ... round -> mandatory (dictated) kata (Pinan 2, Pinan 3, Pinan 4, Pinan 5)

Last 4 contestants -> semi-final & final: free kata (Gekisai Dai, Gekisai Sho, Yantsu, Tsuki no kata and Saiha)

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Ages and categories for KUMITE:

BOYS:

Youth U21: -65, -70, -75, -80, -85, -90, +90 kg

Juniors U18: -60, -65, -70, -75, -80, +80 kg

Cadets U16: -50, -55, -60, -65, -70, -75, +75 kg

Cadets U14: -40, -45, -50, -55, -60, +60 kg

Cadets U12: -30, -35, -40, -45, -50, +50 kg

GIRLS:

Youth U21: -50, -55, -60, -65, +65 kg

Juniors U18: -50, -55, -60, -65, +65 kg

Cadets U16: -45, -50, -55, -60, +60 kg

Cadets U14: -35, -40, -45, -50, +50 kg

Cadets U12: -30, -35, -40, -45, +45 kg

Masters (+35):

Men: Depending on the number of participants

Women: Depending on the number of participants

Duration of the fights:

Masters (+ 35) :	3min / 2min - till semi-final 3 min / 2 min / 2min - for the semi-final and the final
Youth U 21:	3min / 2min - till semi-final 3 min / 2 min / 2min - for the semi-final and the final
Juniors U 18:	2 min / 2min - till semi-final 2 min / 2 min / 2 min - for the semi-final and the final
Cadets U 16:	1.5 min / 1.5 min - till semi-final 1.5 min / 1.5 min / 1.5 min - for the semi-final and the final
Cadets U 14:	1.5 min / 1 min
Cadets U 12:	1.5 min / 1 min

These rules apply to both male and female competitions

The age limits of the competitors are as follows:

U12 Cadets: from January 1st of the 11th birthyear until January 1st of the 13th birthyear

U14 Cadets: from January 1st of the 13th birthyear until January 1st of the 15th birthyear

U16 Cadets: from January 1st of the 15th birthyear until January 1st of the 17th birthyear

U18 Juniors: from January 1st of the 17th birthyear until January 1st of the 19th birthyear

U21 Youth: from the 18th birthday until January 1st of the 21st birthyear .Contestants of

above categories need to provide proof of minimum 1 year of Kyokushin or fullcontact karate practice.

Masters: Minimum 35 years old, 35th birthday maximum on the day of the competition. Contestants need to provide proof of minimum 2 years of Kyokushin or fullcontact karate practice.

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The maximum age limit of the masters competition will be decided by the medical doctors appointed to this event, upon mandatory medical check prior to the start. Also the minimum weight allowed in the competition, in the lowest category, will be decided by the medical staff. If a contestant loses consciousness because of a high kick KO, this incident will be noted in his/her sports passport and thus will be banned to compete for a period of 6 months.

Participants have to mandatory organize their insurance. The Organizer rejects any responsibility in case of injuries.

Participation Criteria:

- ✓ Organizational Membership Card valid for 2018 (BUDO PASS), with a bumper entry corresponding to the age group
- ✓ Valid "COMPETITOR" sports medic approval
- ✓ The competitor does not have a "head KO" entry of more than 6 months
- ✓ Presence to the local medical examination and doctor approval
- ✓ For ladies, statement that they are not pregnant
- ✓ Entry fee payment
- ✓ Entry within the mentioned deadline
- ✓ Parental accord for participation for contestants up to U18

Remuneration:

There will be trophies, medals and certificates for the first 4 competitors in each category. There will be trophies for best technique and best spirit.

We kindly ask each sports club to bring the required protective equipment:

- ❖ **Masters:** gloves, shin protections, groin protection and optional mouth guard.
- ❖ **U21:** groin protection for men, breasts protection for women, and optional mouth guard
- ❖ **U18:** head protection, groin protection for men, shin protections, breasts protection for women
- ❖ **U16:** head protection, body protection shield, gloves, groin protection for men, shin protections, breasts protection for women, and optional mouth guard
- ❖ **U14 & U12:** head protection, body protection shield, gloves, groin protection for men, shin protections, and optional mouth guard

We wish a good preparation and a successful competition to all of you!



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