

## Enrolment form for Kyokushin Open

**Deadline: April 15th 2015**

CLUB:		ADDRESS:	
TEAM LEADER:		TEL:	
E-MAIL:			

Classes	Women/ Girls 15-17 y	Men / Boys 15-17 y
L	- 60 kg	Men - 70 kg / Boys – 65 kg
M	- 70 kg	Men - 80 kg / Boys – 75 kg
Lt		Men - 90 kg / Boys + 75 kg
T	+ 70kg	Men only + 90 kg
13-14y	Light weight (L) - 50 kg	Light weight (L) – 55 kg
13-14y	Heavy weight (T) + 50 kg	Heavy weight (T) + 55 kg

NAME	G R A D E	A G E	W E I G H T	Type		Classes ( L, M, LT, T)				R E F E R E E	B A N Q U E T
				Full Cont- act. With knock out	Full Cont- act with limitati on	B O Y S	M E N	G I R L S	W O M E N		

- Starting fee: NOK 200.- NOK to be paid at registration.

Contact: Nils Dybsland Tel: +47 95118483

**Enrolment form must be returned by e-mail to Bo Vidar Larsen:  
E- mail: [bo.vidar.larsen@gmail.com](mailto:bo.vidar.larsen@gmail.com) within deadline April 15<sup>th</sup>.**